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5G Towers Can Make Healthy People Sick, Two Case Reports Show

By Suzanne Burdick, Ph.D. | Children's Health Defense

Two case reports show that two previously healthy men rapidly developed rapid microwave sickness* symptoms shortly after a 5G cell tower was installed on the roof of their office.

According to the report's authors, published in the Annals of Clinical Case Reports, the symptoms began within 5G, according to the authors.

The case reports' lead author, Dr. Lennart Hardell — a world leading scientist on cancer risks from radiation — said the two reports are "just anecdotal," because they serve as the "first warning of a health hazard."

"This may be the case but the first and these results must be taken seriously," he said.

"People shouldn't have to leave their homes because of 5G," said Hardell, an oncologist and epidemiologist with the Environment and Cancer Research Foundation who has authored more than 100 papers on non-ionizing radiation.

Just the 'tip of the iceberg'

Hardell told The Defender the two case studies are likely just "the tip of the iceberg" when it comes to 5G's impact on people's health.

Because research on the health effects of exposure to 5G is lacking, Hardell said, we don't know how many people got sick from 5G.

Mona Nilsson — managing director of the Swedish Radiation Protection Association — told The Defender that the two case studies "indicate" that 5G has been rolled out for several years now in Sweden and in the U.S., without any study of its long-performed about the health effects."

"We have the case studies that 5G is very dangerous to health and that the scientists and doctors who have been warning for years of serious consequences," Nilsson said. "Even fewer light in short wavelengths in microwave radiation ... have been right in their assessments," Nilsson added.

5G impacts many organ systems

In the January case report, electrohypersensitive companies reported a 50-60% reduction in their blood oxygen saturation, as well as symptoms of fatigue, chest pain and warmer, again 42 and 43.

Days after the 5G tower was installed, the two residents began developing acute physical symptoms, causing them to move out.

The resident's physical symptoms quickly decreased or disappeared when they moved to a building with much lower radiation levels.

Measurements taken in their apartment showed extremely high levels of non-ionizing electromagnetic radiation (EMF) — the researchers found levels were more than 10,000,000 microwatts per square (μW/m²) — hundreds of a maximum value that the meter used can measure — in the actual radiation they have been seen higher, Hardell and Nilsson said.

The reports findings contradict assurances from the Swedish Radiation Safety Authority that the amount of radiation it will never emit is relatively low, the report's authors said.

The February report discussed the experiences of two men, ages 57 and 62, when a 5G tower was replaced with 5G equipment on the roof of the office where they worked as information technology and management consultants and computer engineers.

The men displayed symptoms shortly after the 5G tower was installed and chose to relocate — at which point their symptoms disappeared.

Hardell and Nilsson measured a maximum of 1,180,000 microwatts (μW/m²) in the men's office.

Both reports show that non-ionizing radiation from 5G — well below levels allowed by guidelines in many countries — can cause symptoms in a wide range of microphysiological variations (EMS).

"Here it is explained that you get negative effects, heart palpitations, sleep problems and so on" he said.

"The individuals with 5G cases report had no history of EMS, so these two cases are the first warning," Hardell said in an interview with Children's Health Defense.

Reports pave way for accurate classification of 5G health risks

This type of research is pivotal in getting the ball rolling toward the appropriate epidemiological studies to get to know human health risks, according to Hardell.

In 2017, the World Organization's International Agency for Research on Cancer (IARC) classified radiofrequency electromagnetic fields (RF-EMF) as possibly carcinogenic to humans (Group 2B). In 2011, the IARC announced it will "coordinate evaluation of risk assessment of" and expected to be released in 2025.

Meanwhile, Hardell and Nilsson are already conducting their third case report on the health effects of 5G on humans and hope to publish it next month.

While their first two reports focused on the health effects associated with being underneath a 5G tower, they told The Defender their next case report will examine the health effects experienced by individuals living in the same house as a 5G tower.

"Those are also very alarming [situations]," Nilsson said.

Nilsson said they have already collected measurements of 2.5 million microwatts per square meter (μW/m²) — "which is a very high value in the normal urn measure" — at 40 meters away from the tower, as opposed to the safety limit range of a tower may be affected by radiation.

Nilsson said the measurements can have a big impact over time. "A 2G/3G networks on 5G models are advancing technologies and thousands — and in some cases millions — of people are affected.

He called the chemical medicine "Agent Orange stuff," referring to the military forces used them during the Vietnam War to eliminate forest cover and crops for North Vietnamese and Viet Cong troops.

In the 1970s, Hardell said he noticed a few of his patients who worked in the telecommunications industry — tasked with spraying the phone lines with herbicides — developed a rare form of cancer called hairy cell leukemia.

Hardell and Nilsson published a case report on it, which led to additional studies.

"There was very huge resistance from the telecommunications industry," Hardell said.

For 20 years later, the IARC classified these types of diseases as "carcinogenic to humans (Group 1)," he said.

Hardell also said he case studies were sent by the Environment and Cancer Research Foundation to the Swedish Radiation Safety Authority.

5G EMF guidelines are industry-friendly, not based on science

The International Commission on Non-ionizing Radiation Protection (ICNIRP) is a private non-governmental organization based in Munich, Germany, that has "managed to get collaborative status" with the World Health Organization to "harmonize the 5G radiation guidelines all over the world," Hardell said in 2021 interview.

According to Hardell, ICNIRP appears to own members and is closed to transparency.

ICNIRP has published only three articles with guidelines on RF-EMF exposure, he said.

"Only thermal (heating) effects from RF radiation are recognized, thereby excluding all studies showing harmful effects at lower non-thermal exposures," Hardell said.

ICNIRP guidelines are set to allow very high exposure levels so that the deployment of this technology is not hampered, he said, adding that they were formed by industry while disadvantaging human health and the environment.

"In fact," Hardell added, "the ICNIRP guidelines are outdated — they are based on research that is at least 30 years old, which must be taken into account by industry."

In 2020, ICNIRP vice chairman Eric van Rongen, Ph.D., said 5G is safe for humans as long as ICNIRP limit levels are followed.

Van Rongen also said ICNIRP's guidelines about the "safety of 5G" were "developed after a thorough review of all relevant scientific literature."

However, Nilsson said the ICNIRP guidelines were developed by taking the "thermal" effects of microwaves into account — but not the biological effects because 5G towers are using pulsing.

Prior research has shown evidence of harm from pulsed radiation, Nilsson said.

She said that according to the authors of a 1971 review of EMF scientific studies, "pulsed microwaves are more harmful" than CW. The review's authors independently concluded that pulsed wave radiation can cause greater biological effects in animals — including harm to the organs and death — than the same frequency when it is not pulsed.

Nilsson said it was unscientific of van Rongen to claim that studies have proven the safety of 5G regarding human health.

"You van Rongen are not be able to only such studies because they already do not exist," Nilsson said.

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AUGUST 3 CORRECTION

Suzanne Burdick, Ph.D.
Suzanne Burdick, Ph.D., is a reporter and researcher for The Defender based in Washington, D.C. She has a doctorate in neuroscience and graduate training in science and journalism. Burdick's degree in communication and teaches at Rutgers University (NJIT), her scholarship has been published in Nature Neuroscience, Science and Nature Medicine, among other peer-reviewed journals.

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2 days ago
I'm not surprised that we are seeing so ill. The cell towers are Pulsed Radar and, like 5G, turn again, I thought they sound very like jets to now as well. Thank you for this article. Dr. Nina Love, MD

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I have had 5G in my body since January. You have to wonder about the toxicity of the metals in the 5G antennas and the radiation they emit. Brian Caldwell

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Very big thoughtful and the serious allegations of being murdered. There is an eye opener that surrounding the world. Best cannot fix the problems.

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Yes to watch out for.). They are the bioweaponizers and NOT cell phone towers. Looking to look up data by Mark Steele, Scientist UK weapons expert. If everyone knows that the towers are not cell phone towers, they are bioweapons. Mark Steele is a UK weapons engineering. If you don't know "Good Words once" research. I was required by those of the towers are not cell phone towers, they are bioweapons. Mark Steele is a UK weapons engineering. I was working under and broken. It is not to be true

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